

breakfast

eggs

1 egg, home fries and toast	4.00
2 eggs, home fries and toast	4.75
2 eggs, home fries, toast with bacon, ham or sausage	6.50

omelets

zorba feta cheese. yasou!	6.50
western ham, cheddar, peppers and onion	6.75
spanish cheddar, fresh salsa and sour cream	6.50
b and cheese bacon and cheddar	6.75
veggie toms, mushrooms and cheddar	6.50
salmon and swiss fresh salmon and swiss	7.25
farmer's market kitchen's inspiration	6.50

etc. etc.

cinnamon buns	3.00
fresh baked muffins	2.00
english muffin	1.25
toast	1.25
bagel & cream cheese	2.75
bacon, ham or sausage	3.50
loukanico	2.75
tasty homefries	2.00
half grapefruit	1.50
fruit cup	4.00
lisa's beans	4.00
tony's hash	5.00
real maple syrup	1.50
bowl o' cereal	3.00
oatmeal with fixins	5.00

from the bar

fresh squeezed mimosa	5.00
bloody mary	6.25
bloody caesar	6.75

good favorites

tony's corn beef hash no cans here. homemade. with eggs, home fries and toast	8.50
eggs beni with hollandaise from the heavens always on saturdays and sundays	10.00
maine guide breakfast lisa's best beans, ham, eggs, home fries and toast	8.50
greek soul food scrambled eggs tossed with peppers, tomatoes, onions, home fries and feta with toast	7.00
add loukanico sausage	2.00
market street scrambled eggs tossed with peppers, toms, onions and home fries with toast	6.50
italian villa scrambled eggs tossed with portobellos, sweet bells, basil and parmesan served with home fries and focaccia	8.00
juanita's burrito scrambled eggs, cheddar, black beans, spiced black angus beef in a tortilla with fresh salsa and sour cream served with homefries	9.00
jose's veggie burrito 86 the beef add veggies chef's choice of salsa and sour cream	8.00
almond crusted french toast 'nuff said	6.50
french toast made with french bread	6.00
banana walnut pancakes you won't believe these	6.50
pancakes like mom used to make	6.00
add blues or choc. chips	1.00
add raspberries	1.50
belgium waffle chef's choice	8.00
from the tree maple syrup add	1.50
bowl of goodness yogurt, fresh fruit, homegrown granola	6.50
breakfast of the gods yogurt, greek honey, nuts	6.50

lunch

soups

fish chowder tony's all star haddock	3.75/5.75
clam chowder chef's best	4.00/6.00
soup of the day always from scratch	2.75/ 5.25

salads

lobster cobb with fresh lobster, bacon, tomato, bermuda onions, hard boiled eggs, blue cheese & honey vinaigrette	market price
chicken cobb as above with grilled chicken	9.00
grilled chicken caesar romaine, croutons, grilled chicken	8.00
greek salad with feta, olives & grilled pita	8.50
toss up a big toss of fresh veggies & grilled pita	7.50

also

baked haddock with herb crumb topping, house salad and potatoes or rice	14.50
fish & chips fresh fried haddock with fries & slaw	14.00
fried shrimp maine's own with fries & slaw	13.00
fried clams market price fresh, whole & tasty in crumbs with fries & slaw	
chicken chunks fresh chicken with fries & slaw	11.00
hot turkey dinner fresh roasted, mom's stuffing, gravy, salad & potatoes or rice	13.00
quiche of the day chef's choice with salad	7.00
spanakopita spinach & feta pie in filo dough with greek salad	11.00

sandwich board

turkey sandwich fresh roasted, lettuce, tomato & mayo	6.25
grilled turkey sandwich with cheddar, cranapple chutney, on oat nut bread	7.00
open faced turkey sandwich fresh roasted turkey, mom's stuffing & gravy on toast	7.00
grilled turkey rachel with swiss, coleslaw & 1,000 island dressing on rye	7.50
tuna classic white tuna, lettuce & tomato	6.50
tuna melt tuna & swiss in a grilled pita	7.00
pastrami & swiss black pastrami & swiss on rye	8.00
the rachel black pastrami, swiss, coleslaw & 1,000 island dressing on rye	8.50
gyros sandwich spiced beef & lamb strips in pita with tzaziki, tomatoes and onion	6.50
hamburger grilled with lettuce & tomato	6.50
add cheese	.75
add bacon	1.25
1/2 sandwich & soup ham, tuna or turkey	6.00
with fish chowder	6.25
with clam chowder	6.50
lobster roll with fries & slaw	market price
haddockwich fresh fried haddock, lettuce & tartar on roll with fries & slaw	10.50
buffalo chicken caesar lisa's favorite in spinach wrap	8.00

sides

sweet potato fries	side 3.00	up side 1.50
onion rings	side 5.00	up side 2.50
french fries	side 2.50	

dinner

soup

fish chowder - Tony's all star all haddock	3.75/5.75
clam chowder - chef's best	4.00/6.00
soup of the day - always from scratch	2.75/5.25

salads

toss up a big and tasty toss with fresh veggies	7.50
small house salad	2.00
greek salad	
piled high with feta and olives	8.50
small greek salad	2.75
caesar salad	
in place of house salad	1.50
small	3.50
big	6.00
add chicken	8.00
add fried shrimp	
chicken cobb salad	9.00
grilled chicken, bacon, tomatoes, bermuda onions, hard boiled eggs, blue cheese and a honey vinaigrette	
lobster cobb salad	market price
fresh picked lobster meat, bacon, tomatoes, bermuda onions, hard boiled eggs, blue cheese and a honey vinaigrette	

sandwiches

haddockwich	10.50
fresh fried haddock with lettuce and tartar on a roll with fries and slaw	
hamburger	6.50
1/3 pounder, flame grilled with fries or slaw	
add cheese	.75
add bacon	1.25

etc.etc.

onion rings	
side order	5.00
up order	2.50
sweet potato fries	
side order	3.00
up order	1.50
veggies	
side order	2.50
french fries	
side order	2.50

beef & bird

good table steak
marinated and grilled to your liking,
topped with frizzled onions and served
with a blue cheese sauce
market price

cambridge steak tips
our best seller, flame grilled with Lisa's
best bbq sauce
17.00

mixed grill
flame grilled tips, ribs and loukanico
17.00

bbq ribs
marinated and flame grilled pork ribs
15.00

chicken prunella
1/2 free-range chicken, brined and
roasted with herbs, prunes and olives
17.00

hot turkey dinner
fresh roasted turkey, mom's stuffing,
gravy and cranberry chutney
13.00

chicken chunks
fresh chicken in crumbs with fries
and slaw
11.00

from the sea

baked haddock
always fresh haddock with our herb
crumb topping
14.50

baked scallops
fresh scallops with our herb
crumb topping
market price

fried haddock
always fresh and lightly fried
14.50

fried clams
fresh, whole & tasty in crumbs
with fries & slaw
market price

fish and chips
chunks of haddock with fries and slaw
14.00

fried shrimp
Maine's own with fries and slaw
13.00

lobster roll
tasty on a roll with fries and slaw
market price

lobster dinner
seasonal
single or twins with fries and slaw
market price

from greece

lamb souvlaki
marinated and skewered with
veggies served with pita bread
and tzaziki sauce
20.00

spanakopita
spinach and feta nestled in filo
13.00

psari plaki
fresh haddock baked in a tomato,
sweet bell, onion, olive oil and
fresh herb sauce
15.00

plaki scallops
fresh scallops baked in a tomato,
sweet bell, onion, olive oil and
fresh herb sauce
market price

gyros platter
spiced strips of lamb and beef
served with pita bread and tzaziki
12.00

the good table restaurant



good honest food

take out menu

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